To paint or not to paint

By Rodney Amold, Shrimper 294 (Morning Vicar) (Spring 2005)

Clearly there comes a time when polish isn't enough and takes far too much effort. But you don't need four-figure sums. Rub down, then International Pre-Cote, followed by a coat of One-coat polyurethane.

Applied with a brush, the finish may not be as silky smooth as the professional job and surely I could have done better with a bit more wetting agent, but the finish stands up well and is as good as at least one $\pounds1000$ job that I have seen. My cost – under $\pounds100$.